

# Columbus Family YMCA

## **\*\*UNSUPERVISED CHILDREN/FACILITY USAGE**

**The safety and welfare of children is a priority at the Columbus Family YMCA.**

**Children 5 and under** must be accompanied by a responsible adult (out of high school or older) who is in the same room at all times, signed into our Child Watch or under the supervision of a Y staff member leading a YMCA program.

**Children 6-9 years old** are able to use the gymnasium *when a responsible adult (out of high school or older) is in the facility. The adult may not leave the facility when the children are at the YMCA.* The swimming pool is also available for children this age when an open swim time is scheduled. A responsible adult must be in the facility for a child of this age to swim and the child must follow all YMCA pool rules.

**6-9 year olds may NOT be at the YMCA without a responsible adult unless they are registered and participating in a YMCA program or a chaperoned birthday party.**

**Children 10 years old and up** may use the YMCA on their own without a responsible adult in the facility. All age restrictions must be followed: exercise equipment, whirlpool, warm water pool, and steam rooms. YMCA Youth Strength Training graduates may use the track and exercise equipment if they are wearing their YMCA Muscle Shirt.

***The YMCA staff encourages families to participate and use the facilities together – helping to create opportunities to come together as a family, building bonds that create healthy families – spirit, mind and body.***

**Approved – December 17, 2015 YMCA Board of Directors;**

**Revised and approved on August 17, 2023;**

**Revised and approved on April 2023**