

Columbus Family YMCA

****UNSUPERVISED CHILDREN/FACILITY USAGE**

The safety and welfare of children is a priority at the Columbus Family YMCA.

Children under age 7 must be accompanied by an adult (out of high school or older) who is in the same room at all times, signed into our Child Watch or under the supervision of a Y staff member leading a YMCA program.

Children 7-9 years old are able to use the gymnasium *when a responsible adult (out of high school or older) is in the facility. The adult may not leave the facility when the children are at the YMCA.* The swimming pool is also available for children this age when an open swim time is scheduled. A responsible adult must be in the facility for a child of this age to swim and the child must follow all YMCA pool rules.

7-9 year olds may NOT be at the YMCA without a responsible adult unless they are registered and participating in a YMCA program or a chaperoned birthday party.

Children 10 years old and up may use the YMCA on their own without a responsible adult in the facility. All age restrictions must be followed: track, exercise equipment, whirlpool, warm water pool, and steam rooms. YMCA Youth Strength Training graduates may use the track and exercise equipment if they are wearing their YMCA Muscle Shirt.

The YMCA staff encourages families to participate and use the facilities together – helping to create opportunities to come together as a family, building bonds that create healthy families – spirit, mind and body.

Approved - December 17, 2015 YMCA Board of Directors;
Revised and approved on August 17, 2023