

# Columbus Family YMCA

## Club Volleyball Rules



### Start of Play:

-Each match will begin with rock, paper, scissors between the team captains. The winning team captain will then choose to either serve first OR choose which side they would like to start on. In set two, the serve will then alternate to the team that DID NOT serve in set one. If there is a third set, another game of rock, paper, scissors is played.

### Rules:

-Each team may play with a minimum of 4 players and a maximum of 6 players on the court during the game.

-Net height for all ages will be **JUNIOR** height. **VOLLEY LITE balls will be used WITH ALL GRADE LEVELS**

-Matches will be set up to be played every 45 minutes. Each match will be the best 2 out of 3 sets. Sets 1 and 2 will be **played to 25 points**, starting at 7-7 **OR 15 minutes**...whichever COMES FIRST. If a 3<sup>rd</sup> set is played, both teams will start at 7-7 and **play to 15 OR 7 minutes**, whichever COMES FIRST.

-**Teams must be ready to play at the start of their designated time slot.** All games will start as close as possible to their schedule time. In the event that a court is running behind, games will start as soon as possible. **Warmup time WILL NOT be permitted if the court is running behind schedule.**

-The ball MAY be played off the ceiling, basketball hoops, or other overhead obstructions **IF IT FALLS on the SAME SIDE** before 3 hits. If it is after three hits OR lands on the opponents side after hitting any overhead obstruction, it is a side-out.

-Each team is permitted ONE 60-second timeout per game/match.

-**3<sup>rd</sup>-5<sup>th</sup>** graders will be able to serve **behind the 10' line**. 6<sup>th</sup> graders must serve behind regulation serving line. All serves may be underhand OR overhand. Officials won't call a minor foot fault....

-**IN ALL AGE GROUPS** a player can **only serve 5 consecutive times**, after that, the ball will be given to the opponent.

-**3<sup>rd</sup>-5<sup>th</sup> graders** WILL BE ALLOWED to **"re-serve"** (one extra serve if the first attempt DID NOT go over the net).

-Players are NOT permitted to catch, throw, or hold the ball. Doing so will result in a side out.

-Players may use ANY part of their body to play the ball on a hard driven hit/serve.

-Players may cross the center line or it's out-of-bounds extension with their feet (but no other part of the body) as long as a part of the foot remains on or above the center line AND the player DOES NOT interfere with the play of an opponent.

-A ball is automatically considered out of bounds when hit onto another court.

-Contacting the net while the ball is in play IS NOT permitted unless by a player's hair or clothing OR if the force of the ball hit by an opponent pushes the net into the player.

### Scoring:

-The first two matches will consist of two games to 25 points (or 12 min), starting with a 7-7 score. A team must win by 2, with a **cap of 28 pts**. If a third game is necessary, it will be played to 15 OR 8 minutes, with a **cap of 18 pts**.

### Officiating:

-Officials will be provided by the YMCA. They will also keep score and records scores.

-Please respect officials/staff. Arguing with the officials is prohibited. Disrespect will not be tolerated!